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Watch out for viruses, li'l ones are their Target No. 1

TIMES NEWS NETWORK

New Delhi: Children frolicking happily in the rain is standard footage during the monsoon. But while youngsters love the wet weather, they are also most prone to the health problems that come in its wake. Given the poor immunity of children, they often become the first target of deadly viruses. Doctors say pneumonia, typhoid, dysentery, gastroenteritis and asthma complications are common among children during rains.

The common flu is not to be taken lightly either. Most parents initially tend



NO CHILD'S PLAY: From malaria to flu, children are the first to get infected

to delay treatment and Dr K Chugh, consultant paediatrician at Delhi's Sir Ganga Ram Hospital, says he often gets cases of cough and cold turning into pneumonia, a leading cause of death among children under five. "Good hygiene can help check most infections. Ingestion of contaminated food and water is another